



I'm Writing this Introduction as a Welcome to Bon Appetit Bowls. Bringing the Frederick and Carroll County area a new and exciting Food Trailer Experience. Serving Multi Cuisine Bowls to a neighborhood near you.

Utilizing Farm Fresh and Local Ingredients to serve the best Quality of Foods. Being a Chef for Years now and motivated to begin a new chapter of my own business I'm eager to bring my Passion of Food to the Local Streets and Areas Surrounding.

Below I have Events, Parties, Casual Eatery, And Special Occasions I Look forward to Being Apart of

- * Casual Street Vending
- * Local Neighborhoods
- * Weddings
- * Catering
- * Wine Tasting and Pairing Menus
- * Parks and Youth Events
- * Recovery Events
- * Fundraisers
- * Local Farm to Table Breweries
- * Many More to be Discussed

Please Allow me an Opportunity to Discuss Custom Menu Designs, and or Locations to Treat The Community to some Great Eats

Always Bon Appetit

Sincerely Yours

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Smoked Tomato Bisque 8
 Smokey Tomatoes, Basil, Shaved Parmesan, Sliced Garlic Baguette

Steak Tips and Fries 13
 Slow Cooked Sirloin Tips, Mushrooms, Demi Glacé Gravy over Steak Fries

Turkey Pot Pie 14
 A Baked Vol au Vent Pastry filled With Roasted Vegetables, Turkey, Sage Cream.

Brandy Pork and Apples 14
 Roasted Pork Tenderloin, Stewed Brandy Apples, Green Bean Almandine, Vegetable Stuffing.

Steak and Potatoes 15
 Braised Steak Tips, Roasted Garlic Mashed Potatoes, Mushroom Gravy

Maple Crème Caramel 8
 Delicious Maple Flavored Custard, Caramel, Assorted Berries

Butterscotch Pecan Cheesecake 8
 Flavors of Pecans, Brown Sugar, Brown Butter



Event Daily Menu

Fall Mixed Greens Salad 8

Candied Walnuts, Mandarin Oranges, Red Onions, Crassions, Grapes, Poppyseed Dressing
 Add Chicken: 6

Grilled Cheese & Tomatoes 10

Irish Cheddar, Smoked Gouda, Grilled Sourdough, Peppered Bacon

BBQ Chicken Salad Sandwich 8

Fresh BBQ Dry Rubbed Chicken Salad

Classic Cheesesteak 12

Sautéed Ribeye Meat, Peppers, Onions, Provolone, Au Jus Sauce

** All Sandwich's Served with Chips & Pickle **



Strawberry Lemon Cupcake 2

Home made Strawberry Cupcakes topped with a Lemon Buttercream



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